

March 1, 2010

Dear Parents and Campers,

Midwest Hemophilia Association is pleased to announce the MHA 19th Annual Wilderness Camp, August 3rd to August 7th for children with bleeding disorders again this year. Wilderness Camp is located at Wilderness Retreat and Development Center, www.wildernessretreatcenter.com, in Lawson, Missouri, approximately 45 minutes north of Kansas City, Missouri. To be eligible for camp, the child must be 7-17 years of age and must meet one of the following criteria:

- Diagnosed with hemophilia or another bleeding disorder
- Diagnosed as a carrier of hemophilia or another bleeding disorder

The purpose of Camp is to learn about bleeding disorders, develop skills to care for bleeding disorders and to have fun! Campers will have the opportunity to meet new friends and participate in a variety of traditional camp activities. The Midwest Hemophilia Association and the staff of volunteers want this to be an exceptional camp experience for all the campers.

The Kansas City Regional Hemophilia Treatment Center will provide medical staff to address medical issues that may arise during your child's camp experience. Each camper's medications, factor, and supplies will be inventoried and secured in the Health Center, located in the Trinity Lodge at Wilderness Camp, by our camp medical staff.

As always, we have included educational components with the goals of building self-confidence, disease treatment and management, positive attitudes, appropriate decision making skills and independence. Many children have learned to perform self-infusion, experienced getting along with others, discovered new skills, and made lifelong friendships during the week of Wilderness Camp.

Enclosed you will find the camp application, medical forms, and releases to return in the enclosed envelope. All forms that are to be returned are printed on yellow paper. PLEASE REVIEW THESE FORMS CAREFULLY AND FILL THEM OUT COMPLETELY. EACH FORM IS IMPORTANT. Also included is a "What to Bring to Camp" packing list and map to Wilderness Camp for you to keep. A \$25 registration fee per camper, payable to MHA is due along with these forms at the time of application.

**ALL CAMPERS MUST TURN IN ALL YELLOW HIGHLIGHTED FORMS (PAGES 3-19) BY THE JUNE 15TH DEADLINE!
Please return the application packet in the enclosed envelope NO LATER than June 15, 2010 to:**

**Midwest Hemophilia Association
Attn: Debbie Nelson
P.O. Box 412866
Kansas City, MO 64141**

If you have any questions, call the MHA toll free (800) 432-7960 and leave a detailed message.

See you at camp!

Midwest Hemophilia Association
Board of Directors
www.midwest-hemophilia.org

MHA WILDERNESS CAMP – 2010

CAMP FORM CHECKLIST

Make sure each form that is **YELLOW** is returned in the envelope along with
Your \$25 registration fee before it is mailed.

- Camp Wilderness Application
- Parent Provided Medical Information (2-sided)
- Camper Physical Examination Form (2-sided)
(Completed by Physician)
- MHA Personal Behavior Contract
- Agreement, Consent, Waiver & Release (MHA)
- Agreement, Consent, Waiver & Release (Wilderness Camp/MHA)
- Camp Activity Exclusion Form
- Off Site Teen Night Bowling
(Camper 13 and Older)

IT IS VERY IMPORTANT THAT ALL FORMS ON YELLOW PAPER ARE COMPLETED AND RETURNED. INCOMPLETE FORMS MAY RESULT IN A DELAY IN APPLICATIONS BEING PROCESSED.



MHA WILDERNESS CAMP – 2010

CAMPER APPLICATION

(ALL INFORMATION MUST BE COMPLETED)

Name: _____ Birth Date: _____ Age: _____ Gender: _____

Street Address: _____

City: _____ State: _____ Zip: _____

Parents or Guardian: _____

Address: _____

(IF DIFFERENT FROM ABOVE)

Phone #'s: Home () _____ Home () _____ Cell () _____

Email Address: _____

Emergency Contact Name: _____ Relationship: _____

Phone: () _____ 2nd Phone: () _____

TRANSPORTATION

Arrive/check-in at camp on 8/3/10 at 12:00 noon:
12:00 noon:

Pick up from camp on 8/7/10 at

- I will bring my child to camp
- My child will ride with _____
- I am able to give another child a ride

- I will pick up my child
- My child will ride with _____
- I am able to give another child a ride

Please help me find a ride for my child

Please help me find a ride for my child

How many will need box lunches on Saturday when picking up your child from camp?
Please do not include campers in your count.

Adults: _____ Children (10 and under): _____

Camper's T-Shirt Size: (Circle One)

Youth:	S	M	LG		
Adult:	S	M	LG	XL	2X

MHA WILDERNESS CAMP – 2010

CAMPER PHYSICAL EXAMINATION FORM
(ALL INFORMATION MUST BE COMPLETED BY PHYSICIAN)

Child's Name: _____

Bleeding Disorder Diagnosis: _____

Physician Name: _____

Address: _____

Phone Number: () _____

Height _____ Weight _____ Pulse _____ Resp Rate _____

Physical Examination

Date of Examination (MUST BE WITHIN PREVIOUS 12 MONTHS OF CAMP DATE): _____

	Normal	Abnormal		Normal	Abnormal
Head and Neck			GI/GU		
Eyes and Ears			Skin		
Nose and Throat			CNS		
Chest			Orthopedic		
Heart			Extremities		
Abdomen			Psychological		

Please describe any abnormality: _____

Allergies: (INCLUDE FOOD/MEDICATIONS/ENVIRONMENT/BEE STINGS)

List ALL medications: (INCLUDE ORAL, INTRAVENOUS, INTRANASAL, AND OVER THE COUNTER MEDICATIONS)

Medication	Dose	Frequency	Duration	Route	Indication
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Does the patient have a Central Venous Access device: Port PICC CVL

If yes, when was device inserted? _____

List any activity limitations:

Qualified for camp due to diagnosis of a bleeding disorder? Yes No

Medically released to attend Camp Wilderness? Yes No

Behaviorally and psychologically appropriate for camp attendance? Yes
 No

If “No” to any of the above, please elaborate:

Physician’s Signature

Date



MHA WILDERNESS CAMP – 2010

PARENT PROVIDED MEDICAL INFORMATION

(ALL INFORMATION MUST BE COMPLETED)

Camper's Name: _____ Date of Birth: _____

Current Weight: _____ Current Height: _____ Age: _____ Gender: _____

Primary Care Physician: _____ Phone #: () _____

Are you followed by a Hemophilia Treatment Center (HTC): Yes No

Name of HTC: _____ Phone #: () _____

In Case of Emergency and Parents Cannot be Reached, Notify:

Name: _____ Relationship: _____

Phone #: _____

Insurance Information: (ATTACH A COPY OF INSURANCE CARD TO BE USED IN CASE OF EMERGENCY)

Health Insurance: _____ Policy/Group #: _____

ID#/Insurer's SSN: _____

Bleeding Disorder Diagnosis:

Factor VIII Factor IX vWD Other _____

Severity: Mild Moderate Severe

Inhibitor: Yes No Most Recent Inhibitor Titer/Date: _____

Where are infusions usually done: (Circle One) Home Clinic Hospital ER
Other_____

Who does the infusion: (Circle One) Camper Parent Other_____

Name of Factor Product/Dose & Frequency:_____

Factor Provider Company, Contact & Phone #:_____

What is the usual dose for treating: Joints_____ Soft Tissue Bleeds_____

Does the camper have a: Port CVL PICC Other_____

Are there any target joints? Yes No If yes, please list:_____



The MHA and the Kansas City HTC agree that children with moderate to severe Hemophilia and other bleeding disorders should be treated with regular, scheduled infusions of factor (prophylaxis) while at camp, so that they can fully enjoy all camp activities without fear of bleeding episodes.

Parent Permission: Yes No **Parent Initial** _____

If your child does not currently self-infuse, may we have permission to help your child practice this skill while at camp?

Yes No **Parent Initial** _____

Immunizations: (PLEASE SUPPLY MOST CURRENT DATES OR ENCLOSE A COPY OF VACCINATION RECORD)

Polio Vaccine _____

Rubella Vaccine _____

Measles Vaccine _____

Mumps Vaccine _____

DPT Booster _____

Other _____

Other Medications Your Child Needs: (PLEASE BRING ALL MEDICATIONS IN THE PHARMACY BOTTLE/ORIGINAL CONTAINER; INCLUDING OVER THE COUNTER MEDICATIONS)

**Name of Medication
Schedule**

Dose

Does Your Child Have Special Dietary Needs? (PLEASE DESCRIBE) _____

Recent Hospitalizations/ Injuries or Illness (last 3 months): _____

Signature of Parent or Guardian

Date

MHA WILDERNESS CAMP – 2010

CAMP ACTIVITY EXCLUSION FORM

Explanation of Camp Activity Policy

Each camper will be given the opportunity to participate in daily camp activities. Examples of the daily activities are listed below. Some campers may be given the opportunity for a day trip, which is an excursion off camp property that the camper signs up for at camp. Parents or guardians may indicate exclusions below if they do not want their child to participate in certain events.

THIS FORM MUST BE COMPLETED FOR EACH CAMPER AND RETURNED TO MHA WITH THE APPLICATION PACKET.

Camper's Name: _____

Camper's Date of Birth: _____

Initial here if your child has **NO EXCLUSIONS**: _____

I, the undersigned, have signed the liability release section of the camper application that allows full participation in all camp activities and day trips. I have checked the following activities that my camper **may not** participate in.

- | | | |
|---|--|---|
| <input type="checkbox"/> Arts and Crafts | <input type="checkbox"/> Baseball/Softball | <input type="checkbox"/> Swimming |
| <input type="checkbox"/> Archery | <input type="checkbox"/> Paintball | <input type="checkbox"/> Obstacle Course |
| <input type="checkbox"/> Sports and Games | <input type="checkbox"/> Hiking | <input type="checkbox"/> On-Site Camping |
| <input type="checkbox"/> Astronomy | <input type="checkbox"/> Mountain Biking | <input type="checkbox"/> Frisbee Golf |
| <input type="checkbox"/> Fishing | <input type="checkbox"/> Photography | <input type="checkbox"/> Off-site fields trips not listed |
| <input type="checkbox"/> Other _____ | | |

(PLEASE EXPLAIN)

Parent/Guardian Signature

Date

MHA WILDERNESS CAMP – 2010

Personal Behavior Contract

We are glad you have chosen to attend Wilderness Camp this year! Camp life offers many unique opportunities and experiences for you and your fellow campers. We hope you make new friends, learn a lot, and have a great time!

At Wilderness Camp we expect campers and volunteers to encourage, support, and show respect toward one another. Each person at camp has a responsibility to make camp life positive and enjoyable. We expect all campers to follow the behavior expectations outlined below.

Behavior Expectations

1. Campers will treat everyone in the camp community with respect at all times and show respect for others' personal belongings, privacy and feelings.
2. Campers will remain with their counselors, follow directions, and abide by camp rules.
3. Campers will not be involved with smoking, alcohol use, illegal drugs, weapons, vandalism, theft, or any other illegal behavior.
4. Campers will use appropriate language; profanity will not be tolerated.
5. Campers will remain in camp unless on an escorted approved camp activity or for a medical emergency that requires transportation to an outside medical facility.
6. Campers will respect the camp facility and its equipment. Campers will be responsible for all damage due to negligence or intentional vandalism.
7. Campers will sleep in their assigned cabins each night.
8. Campers are to arrive/check-in at camp August 3, 2010 at 12:00 noon.
9. Campers are to depart/check-out from camp August 7, 2010 at 12:00 noon.

Consequences

If a camper chooses not to follow the previously listed behavioral expectations, the following consequences may be issued depending on the severity of the situation.

1. Counselors will discuss the behavior with the camper.
2. Camper will be given a "time out" or not allowed to participate in a subsequent activity.
3. Camp Director will be notified and address the behavior with the camper.

4. Parents/Guardian will be contacted by the child and/or camp staff to discuss behavior.
5. Camper will be dismissed from camp. Parent/Guardian will need to pick up the camper.

I have read and understand the Wilderness Camp Personal Behavior Contract and have discussed it with my child. I agree to support the behaviors and consequences listed above.

Parent/Guardian Signature

Date

Camper Signature

Date

MHA WILDERNESS CAMP – 2010

AGREEMENT, CONSENT, WAIVER AND RELEASE FORM

CAMPER NAME: _____

PROGRAM: **Camp Wilderness 2010**

With the understanding that the MHA will make every reasonable effort to prevent accidents, injuries, or other mishaps, I acknowledge the following:

The undersigned does hereby agree to allow participation of applicant in all camp activities (except those restricted).

The undersigned gives permission for the applicant to ride in vehicles operated or leased by the MHA and Wilderness Retreat and Development Center.

The undersigned recognizes the right of the Camp Director, in his/her absolute discretion, to terminate a camper's stay at any time due to disciplinary or medical actions which might jeopardize the camper's or other's health and safety at camp or camp property. The undersigned further agrees to pick up the camper immediately upon being notified of such termination. (PARENTS: PLEASE DISCUSS THE BEHAVIORAL CONTRACT WITH YOUR CHILD)

I understand and acknowledge the following:

- **That the Wilderness Camp is medically based program sponsored by the Midwest Hemophilia Association.**
- **That camp is conducted by volunteers.**
- **That the information submitted on registration forms may contain health information about my child.**
- **That the protected health information can be used and disclosed to healthcare organizations for the purpose of treatment, healthcare operations and payment for medical treatment while my child attends camp.**
- **That all camp volunteers of the Midwest Hemophilia Association may have access to all information contained in the healthcare record or camp registration forms in order to conduct the camp program.**



If someone other than the undersigned is to pick up the applicant at the end of the camp session, such person must present **written** authorization from the undersigned.

I do hereby authorize (NAME, ADDRESS, PHONE) _____
to pick up the camper.

Please list anyone in particular you do NOT want to pick up your child. _____

I witness whereof I have hereunto executed this **Agreement, Consent, & Release** on
this date:

Parent/Guardian Signature

Date

MHA WILDERNESS CAMP – 2010

AGREEMENT, CONSENT, WAIVER AND RELEASE FORM

CAMPER NAME: _____

PROGRAM: Wilderness Camp 2010

Please read this information completely before signing. Its effect is to release the Midwest Hemophilia Association (MHA) and Wilderness Retreat and Development Center from any liability resulting from your participation in the program activity named above and waives all claims for damages or losses against the MHA and Camp Wilderness.

In consideration of MHA making arrangements for and permitting and assisting me in participating in the above named program activities, I exercise my own free choice to participate voluntarily in activities, understand and assume all associated risks, and promise to take due care during such participation. I hereby release and discharge, indemnify and hold harmless the MHA and Wilderness Treat and Development Center, and their member officers, agents, employees and any other persons or entities acting on their behalf, and the successors and assigns for any and all of the aforementioned persons and entities, against all claims, demands, costs and expenses, and causes of action whatsoever, either in law or equity, arising out of or in any way connected with any loss and/or bodily injury and/or disability, arising from my participation in the above names program.

I understand that infusion therapy will be provided as needed at camp. I understand that treatment for routine illness and acute bleeding episodes (DDAVP and concentrates) will be supervised by the medical/nursing staff. I understand it will be necessary for me to send factor concentrate and/or DDAVP to camp with my child. If a diagnostic procedure, hospitalization, or other specialized therapy is needed, the cost of such care is my responsibility. I give my authorization for the medical staff to administer medical care and administer routine medications to my child.

I agree to allow my child to participate in the educational portion of camp including general hemophilia/bleeding disorder information, home infusion therapy, and possibly HIV/AIDS discussion.

I understand that I am solely responsible for any costs arising out of any bodily injury and/or disability or property damage sustained through my/my child's participation in normal or unusual acts associated with the above named program.



I believe that my child is in good health, and affirm that their participation in the above named program activities will in no way aggravate any condition(s) present. If in doubt, I will seek further medical advice.

The undersigned does consent that photographs, video or motion pictures may be taken of the named applicant during the camp period, and that said photographs, video or motion pictures may be published in newspapers, magazines, television, publicity releases and/or other media, or program presentations by the MHA.

The undersigned, in case of emergency and in the event the undersigned cannot be reached by telephone, does hereby give permission for medical treatment by a physician or hospital selected by the medical staff, camp directors, camp volunteers, MHA volunteers and others. Such permission shall include any and all medical treatment which is necessary or desirable in the absolute discretion of any such physician or hospital. This medical care shall include, but is not limited to examinations, treatments, immunizations, injections, anesthesia, surgery, and other procedures, etc.

I have had sufficient time to review and seek explanations of the provisions contained above, have carefully read them, understand them fully, and agree to be bound by them. After care deliberation, I voluntarily give my consent and agree to this Release, Assumption of Risk and Waiver.

Parent/Legal Guardian Signature

Date

MHA WILDERNESS CAMP – 2010

OFF CAMP SITE TEEN BOWLING

**Participant Information Form and Release of Liability
FOR 13 AND OLDER CAMPERS ONLY**

DISCLOSURE

The Midwest Hemophilia Association will provide buses for transportation, from Wilderness Camp to a bowling facility in Excelsior Springs, Missouri, for campers (13 years and older) and their adult counselors, to participate in a bowling activity. Participation in the bowling activity may include stretching/warm-ups, games, group initiative problems, and other physical activities. Although the level of participation in the bowling program activity is at all times completely up to the individual's choice, there is a risk of physical injury which must be assumed by each participant.

MHA policy for participation in all programs requires that every participant provide certain health/medical information to the camp medical staff and volunteers conducting programs, so that they are prepared to respond appropriately if the need arises. This information will be held in confidence. Participants must complete the form and return it to MHA prior to participating in any activities.

PARTICIPANT INFORMATION

Name: _____ Age: _____

Date of Birth: _____

Parent's Home Phone: _____

Parent's Work Phone: _____

Parent's Cell Phone: _____

RELEASE OF LIABILITY

The undersigned understands that parts of the MHA Wilderness Camp program may be physically, mentally or emotionally demanding. The undersigned affirms that the participant's health is good, and that the participant is not under a physician's care for any undisclosed conditions that bears upon his or her fitness to participate in bowling activities. The undersigned understands that each participant must assume the risk of injury that could result from any of these activities. The undersigned releases Midwest Hemophilia Association and its



employees, agents, counselors, volunteers, medical staff and representatives, officers and its Board of Directors and invitees from any and all liability, claims or causes of action for loss of or damage to property or any injury to the participant arising from participation in the off site camp bowling activity and bus transportation.

Parent/Legal Guardian Signature

Date

Emergency Contact Person: _____

Emergency Phone Number(s): _____

PHOTO/MEDIA RELEASE

I, _____, grant MHA and persons acting for or through them the right to use, reproduce, assign, and/or distribute photographs, files, videotapes, and sound recordings of the applicant for use in materials they may create.

Parent/Legal Guardian Signature

Date

MHA WILDERNESS CAMP – 2010

**Wilderness Retreat and Development Center
34030 West 204th
Lawson, Missouri 64062
www.wildernessretreatcenter.com**

Directions available from your address by going to the website listed above.

From Kansas City, Missouri:

Take I-35 North of Kearney to the Holt Exit. Turn right (east) onto PP Hwy. Follow PP Hwy 5 miles to 69 Hwy. Turn right (south) onto 69 Hwy. Follow 69 Hwy about 2 miles to a flashing yellow light, D Hwy. Turn left (east) onto D Hwy. Follow D Hwy 5 miles until you come to a flashing red light, C Hwy. Turn left (north) onto C Hwy. Turn right (east) immediately again back onto D Hwy. Follow D Hwy 1.4 miles to Wilderness Camp Rd. Turn left (north) onto Wilderness Camp Rd (gravel rd).

Follow Wilderness Camp Rd about 1 mile until you come to 204th St. Turn left (west) onto 204th St. Follow 204th St about 1/4 of a mile to the Wilderness entrance. Turn right (north) into the Wilderness drive. Follow signs to the lodges.